Purpose:
The purpose of this guide is to help you explore your graduate or professional school options and begin to set some personal goals.

Description:
While you may have a good idea about what you want to do after college, you might still be unsure about which courses, majors, or activities will best enable you to reach your goals. This guide will help you learn more about graduate and professional schools so you can become better prepared for your chosen program or area of graduate study while you are in still in college.

Directions:
Complete one or more of the following to help you consider graduate/professional school:

1) Check out pre-requisites for programs and/or schools you are considering. Some programs, such as medical school, have a specific list of prerequisites, while other programs, like law school, don’t require any particular courses before beginning the program. If you aren’t entirely sure what program you are thinking about, start with a list of programs offered at the University of Minnesota\(^1\) to give you an idea of the broad range of options.
2) Attend a graduate or professional school information session. Sessions are offered for programs such as health careers, teaching, public policy, law and many more.
3) Talk with people about programs for which you might have an interest. Professors, current graduate students in the program, or, if possible, an admissions representative from the program can all be helpful resources. Ask about the kinds of classes, experiences and majors that best prepare students to excel in the program.
4) Visit your college career office! They likely have a wealth of information on graduate programs and how to begin preparing now in order to increase your chances of success.
5) Explore student groups that focus on your area of interest. This can be a great (and fun!) way to network and learn about different options from fellow students.
6) If applicable, take a class that helps you explore the profession (ex. PHAR 1001)

\(^1\) [https://apps.grad.umn.edu/programs/select_program.aspx?l=t](https://apps.grad.umn.edu/programs/select_program.aspx?l=t)
Reflection Prompts

- What did you learn about the program that interests you? What prerequisites might you need to take, or what experiences should you pursue while in college?
- After researching the program, how does the information you found impact what major you choose?
- What additional information do you need before you decide to continue your education in a graduate or professional school program?

Additional Online Resources:

- [http://www.gradschools.com](http://www.gradschools.com)
- 5 Tips for Preparing to Begin Graduate School (US News & World Report): [http://www.usnews.com/education/best-graduate-schools/articles/2012/05/18/5-tips-for-preparing-to-begin-graduate-school](http://www.usnews.com/education/best-graduate-schools/articles/2012/05/18/5-tips-for-preparing-to-begin-graduate-school)