What is the Center for Academic Planning and Exploration?
The Center for Academic Planning and Exploration (CAPE) provides individualized advising and career coaching to guide students through the process of finding a major. This new student service involves personalized one-to-one coaching that will help students develop a unique Action Plan to work towards declaring a major and identifying career goals. Designed to complement current academic advising and career services offices, CAPE coaches and academic advisers work together to make sure students receive appropriate academic support and accurate information. To learn more about CAPE, please visit our website at www.cape.umn.edu.

What is the Major Network?
The Major Network joins upperclassmen that are passionate about their major together with students who are exploring different major options. The Major Network allows students to receive firsthand information about coursework, opportunities, and career options relating to a specific major.

What is it like being an upperclassman in the Major Network?
Upperclassmen students in the Major Network have been identified by CAPE as excellent peer mentors in particular areas of study. Upperclassmen work with undergraduate students from all U of M colleges who are exploring majors and want to learn more about a specific major of interest from a peer. Upperclassmen should be prepared to answer questions like:

- In general, what is it like to study in your major?
- What are the courses like in your major?
- What skills are necessary to be successful in your major?

Upperclassmen are NOT expected to conduct academic advising. Instead, upperclassmen will help students who are exploring different majors gather information through hands-on activities like:

- Informational meetings over coffee or lunch (or meetings in CAPE)
- Attending one of the upperclassman’s upper-division courses together (with an instructor’s permission)
- Attending a meeting or event hosted by a student organization related to the major
- Identify expectations and goals for your networking relationship!

PREFERRED REQUIREMENTS: Completion of 12+ 3xxx/4xxx upper-division credits in program area (major or minor), completion of 60+ credits total, 3.0+ Cumulative GPA

What is the time commitment?
Involvement in the Major Network is very easy to fit into any schedule. The time commitment is flexible and varies based on the needs of each student and each program of interest. Some students may meet with only one student in a semester, while some may meet with multiple students, multiple times in a semester. CAPE will provide upperclassmen with the contact information of the student(s) who request to network with them. Then, it is up to Upperclassmen to work with the student(s) in determining when to meet. Often one meeting will be enough to fully assist the student in any questions they may have about a specific major. On some occasions, students may choose to work together multiple times to meet their questions.

How do I become involved with the Major Network?
STEP 1: Submit a completed application (available online at cape.umn.edu, then click on the Major Network link)
Applications will be accepted on a rolling basis and positions will be filled as needed.

STEP 2: Attend an Introduction Session with the Major Network Coordinator and other students

Once you have completed Steps 1 & 2, you are officially a part of the Major Network! Then, just wait for CAPE to contact you with your first students contact information.

Questions? Call us at 612-624-3076, or email majornet@umn.edu