Find Your Major! Join the **Major Network**
at the Center for Academic Planning & Exploration

**What is the Center for Academic Planning and Exploration?**
The Center for Academic Planning and Exploration (CAPE) provides individualized advising and career coaching to guide students through the process of finding a major. This new student service involves personalized one-to-one coaching that will help students develop a unique Action Plan to work towards declaring a major and identifying career goals. Designed to complement current academic advising and career services offices, CAPE coaches and academic advisers work together to make sure students receive appropriate academic support and accurate information. To learn more about CAPE, please visit our website at www.cape.umn.edu. If you would like to set up an appointment at CAPE, please call 612-624-3076.

**What is the Major Network?**
The Major Network joins upperclassmen that are passionate about their major together with students who are exploring different major options. The Major Network allows students to receive firsthand information about coursework, opportunities, and career options relating to a specific major.

- Informational meetings over coffee or lunch (or meetings in CAPE)
- Attending one of the upperclassman’s upper-division courses together (with an instructor’s permission)
- Attending a meeting or event hosted by a student organization related to the major
- Identify expectations and goals for your networking relationship!

**Upperclassmen in the Major Network are NOT academic advisors.** While they are willing and able to provide insight on what their major involves, you should refer to the departmental advisor, not your Major Mentor, for information about program requirements.

**I want to get involved with the Major Network! How do I sign up?**
Getting started with the Major Network is as simple as... **1, 2, 3, 4**!

**STEP 1: Sign Up.**
Visit [cape.umn.edu](http://cape.umn.edu), click on the Major Network link and fill out a brief participation form that includes your contact information and your areas of interest. You may select up to three majors.

**STEP 2: Wait.**
Wait for an email from the Major Network Coordinator with the contact information of an upperclassman.*

*Because the Major Network is fairly new, CAPE does not have upperclassmen for every major at the U. If we do not have an upperclassman for a major you selected, we will contact you to let you know.

**STEP 3: Prepare.**
As you wait for your network contact, brainstorm questions you’d like to ask. *How did you declare your major? Which classes have you enjoyed the most? What is the biggest struggle you’ve had within your major? What kind of internships/experiences have you had relating to your major? What kind of career do you hope to have?* Think about things you want to know and what you would like to get out of your networking relationship.

**STEP 4: Contact!**
Once we find a student who is in your major, we will give them your contact information and give you their contact information. Most times, the upperclassman student will contact you first, but feel free to contact them first as well.

Questions? Call us at 612-624-3076, or email majornet@umn.edu